

Spice:		Difficulty:	Total:	Prep:	Cook:
Mild S	Serves	Easy	30	10	20
4	4		mins	mins	mins

Tender pieces of chicken and vegetables in a mildly spiced batter, fried until crispy and golden brown. These make an ideal snack and are a great crowd pleasing party food.

This recipe uses our versatile Onion Bhaji Mix.

Ingredients

East at Home Onion Bhaji Mix

2 large (300g) onions peeled and finely sliced

1 chicken breast sliced into thin strips

1 egg

Handful of chopped coriander (optional)

Oil for deep frying

Instructions

- In a bowl add all the ingredients except for the oil and 1 combine until the mixture becomes a sticky, and slightly doughy consistency. If the mixture is still dry add 1 or 2 tablespoons of water.
- Form the mixture into balls roughly 4 cm diameter and 2 40g each.
- Deep fry (for best results) $\mathbf{3}$ Heat some oil for deep frying to 160°C. Gently place the balls in the hot oil in small batches.
- Deep fry for around 10 minutes turning the pakoras 4 occasionally so that they cook evenly and turn a deep golden brown.
- Ensure that the chicken is cooked properly then drain 5 the pakoras on kitchen paper and serve whilst hot with a mint sauce dip.

OR alternatively air fry 6

- Heat the air fryer to 160°C. Brush or spray the pakoras generously with oil and place in the air fryer for 10 minutes.
- Turn the pakoras over and brush or spray again with oil. Cook for a further 10 minutes until they are cooked evenly and turn a deep golden brown and the chicken is cooked properly.

Tips

- 1 You can leave the vegetables out and use just chicken. In which case double the quantity of chicken used.
- 2 Smaller pakoras will cook quicker and be crispier.
- 3 Add a few finely chopped chillies to the mixture to add a spicy kick to the pakoras.

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